

TECHNICAL DATA SHEET

PRODUCT DATA

Reference: 67203

Commercial denomination: OMEGA-3 BREAD

Legal denomination: Frozen part baked bread

Box EAN code: 8424465672039

Pack EAN code:

Unit EAN code: 8424465997415

PRODUCT INFORMATION

› SHELF LIFE

Primary shelf life: 450 days

Secondary shelf life: -

**The shelf life of the product may vary depending on the storage, preparation and exposure conditions of the finished product.*

› STORAGE AND PREPARATION ADVICE

Storage: Keep at a temperature of -18,0 °C. Once thawed do not refreeze.

Preparation: Thaw at: 15 - 20 minutes at room temperature

Ferment: -

Bake at: 180 - 190 °C

15 - 17 minutes

Recommended preparation advice: Defrost 20 minutes at room temperature. Bake 16 minutes at 185°C.

**The cooking and defrosting times are approximate depending on the conditions and temperature of the commercial premises.*

› LIST OF INGREDIENTS

Ingredients: WHEAT flour, water, brown flaxseed, golden flaxseed, sunflower seeds, peeled millet, RYE flour, SESAME seeds, WHEAT bran, salt, yeast, WHEAT semolina, FISH oil extract 0.4% (Omega3 polyunsaturated fatty acids, EPA, DHA), RYE flour toasted, potassium citrate, rice flour, WHEAT gluten, inactive sourdough (fermented RYE flour), flour treatment agent (E300). Quantity of omega 3 per 100g of product: 160mg

May contain traces of: egg, soya, milk, nuts.

› SUBSTANCES OR PRODUCTS THAT CAUSE ALLERGIES OR INTOLERANCES

	Presence as ingredient	Presence as trace
Cereals containing gluten		
(included their hybridised strains and products thereof)	X	-
Wheat	X	-
Rye	X	-
Barley	-	-
Oats	-	-
Spelt	-	-
Kamut	-	-
Crustaceans and products thereof	-	-
Eggs and products thereof	-	X
Fish and products thereof	X	-
Peanuts and products thereof	-	-
Soybeans and products thereof	-	X
Milk and products thereof (including lactose)	-	X
Nuts and products thereof	-	X
Almonds	-	-
Hazelnuts	-	X
Walnuts	-	X

	Presence as ingredient	Presence as trace
Cashews	-	-
Brazil nuts	-	-
Pistachio nuts	-	-
Pecan nuts	-	-
Macadamia or Queensland nuts	-	-
Celery and products thereof	-	-
Mustard and products thereof	-	-
Sesame seeds and products thereof	X	-
Sulphur dioxide and sulphites at concentrations >10mg/kg or 10mg/litre in terms of the total SO ₂	-	-
Lupin and products thereof	-	-
Molluscs and products thereof	-	-

► NUTRITION DECLARATION PER 100g

	Ready-to-eat product	Packaged product
Energy	1412 kJ	1183 kJ
	338 kcal	283 kcal
Fat	8,0 g	6,7 g
of which:		
- saturates	1,2 g	1,0 g
- mono-unsaturates	1,9 g	1,6 g
- polyunsaturates	5,2 g	4,4 g
- trans	0,01 g	-
- Omega-3 Fatty Acids	-	-
Carbohydrates	51 g	43 g
of which:		
- sugars	0,7 g	0,6 g
Fibre	6,8 g	5,7 g
Protein	12 g	9,8 g
Salt	1,3 g	0,88 g
Sodium	410 mg	350 mg
Cholesterol	-	-

*The reported nutritional values of the ready-to-eat product has been reported according to the preparation instructions suggested in the recommended preparation advice section.

► WEIGHTS, MEASURES AND DEVIATIONS

Packaged product	Minimum	Average	Maximum
Weight (g)	85	115	145
- Dough (g)		115	
- Filling (g)		-	
- Coating (g)		-	
- Topping (g)		-	
Length / Diameter (mm)	193	230	268
Width (mm)	56	63	71
Height (mm)	38	45	53

Approximate weight baked product 95 g

Pack weight -

*The weight of the baked product may vary depending on the baking conditions of the finished product.

► ORGANOLEPTIC CHARACTERISTICS OF READY-TO-EAT PRODUCT

Colour: -

Smell: -

Flavour: -

Appearance: -

*The organoleptic characteristics of the product may vary depending on the storage, preparation and exhibition conditions of the finished product.

► MICROBIOLOGICAL SPECIFICATIONS ON PACKAGED PRODUCT

	n	c	m (ufc/g)	M
Aerobic mesophilic bacteria	1	-	10e5 ufc/g	-
Anaerobic bacteria	-	-	-	-
Enterobacteriaceae	-	-	-	-
Total Coliform bacteria	1	-	10e3 ufc/g	-
<i>Escherichia coli</i>	1	-	10 ufc/g	-
<i>Coagulase-positive staphylococci</i>	1	-	10 ufc/g	-
<i>Bacillus cereus</i> presuntive	-	-	-	-
<i>Clostridium perfringens</i>	-	-	-	-
<i>Clostridium perfringens</i>	-	-	-	-
Moulds	-	-	-	-
Yeasts	-	-	-	-
<i>Salmonella spp</i>	1	-	*	-
<i>Listeria monocytogenes</i>	1	-	-	10e2 ufc/g

*Not detected

n → number of units in the sample.

c → number of units in the sample, whose bacteria number could be between m and M. The sample will continue to be considered acceptable if the other units have a number of bacteria less than or equal to m.

m → threshold value of the number of bacteria. The result will be considered satisfactory if all the units that make up the sample have a number of bacteria equal to or less than m.

M → limit value of the number of bacteria. The result will be considered unsatisfactory if one or more units that make up the sample have a number of bacteria equal to or greater than M.

PACKAGING AND PALLETIZING INFORMATION

► PACKAGINGS



	Carton	Label	Seal	Bag
Approximate weight (g)	617,20	4,57	4,00	32,76
Internal measures (mm)	587x388x234	-	-	-
External measures (mm)	590x393x242	130x220x0	1.000x75x0	585x240x920
Material	KM CS	SAT+ADH	PP	PEAD
Thickness (mm)	4,08	0,14	0,03	0,02
Colour (mm)	Brown	White	Transparent	Blue
Recyclable*	+	+	+	+

► OTHER PACKAGINGS

	995191	-	-	-	-	-	-
Approximate weight (g)	35,00	-	-	-	-	-	-
Internal measures (mm)	0x0x0	-	-	-	-	-	-
External measures (mm)	0x90x315	-	-	-	-	-	-
Material	PAP+PLS	-	-	-	-	-	-
Thickness (mm)	-	-	-	-	-	-	-
Colour	Blue	-	-	-	-	-	-
Recyclable*	N	-	-	-	-	-	-

*+=Yes / -=No

> PALLETIZING

Bag					
	Units	Net weight (kg)		Gross weight (kg)	
	55	6.33		7.35	
Pallet					
	Boxes/layer	Layers	Total boxes	Weight (kg)	Height (m)
	4	8	32	260	2.09
				Pallet Chep 80x120 Md	

PICTURE OF READY-TO-EAT PRODUCT



CERTIFICATIONS AND CLAIMS OR STAMPS OF COMMUNICATION

> CERTIFICATIONS:	> CLAIMS OR STAMPS OF COMMUNICATION:
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APPLICABLE REGULATIONS

- Regulation (EC) 852/2004, and subsequent modifications, regarding the hygiene of food products.
- Regulation (EC) 2073/2005, and subsequent modifications, regarding specific microbiological criteria applicable to food products.
- Regulation (EC) 396/2005, and subsequent modifications, regarding the maximum limits of pesticide residues in food and feed of plant and animal origin.
- Regulation (EU) 915/2023, and subsequent modifications, by which the maximum content of contaminating specifications in food products is set.
- Regulation (EU) 1169/2011, subsequent modifications, on food information provided to the consumer.
- Regulation (EC) 1333/2008, and subsequent modifications, on food additives.
- GMO (Genetically Modified Organism) and Ionizing Radiations: The raw materials used in the production of this product have not been treated with ionizing radiation and do not contain or come from Genetically Modified Organisms (GMO) and therefore do not have special labeling. Applicable legislation:
 - Regulation (EC) 1829/2003, subsequent modifications, on genetically modified food and feed.
 - Regulation (EC) 1830/2003, subsequent modifications, regarding the traceability and labeling of genetically modified organisms.